



Department of Public Health
Wayne County, New York
Health Order of Isolation for COVID-19



TO: ADDRESS:

Effective upon your receipt of this Health Order of Isolation for COVID-19, you are hereby directed by the Director of Wayne County Public Health to isolate yourself from the community because you have or are suspected to have a communicable disease as defined in the New York State Sanitary Code 10 N.Y.C.R.R. § 2.1.

Wayne County Public Health (WCPH) has learned that you have or are suspected to have a communicable disease called COVID-19. COVID-19 is highly contagious and may be fatal. The basis for this order is a positive test for COVID-19 and/or exhibited symptoms of COVID-19, which may include but is not limited to test results you have provided to WCPH. Based upon the foregoing, you are ordered to remain at _____, your place of residence (“Isolation Location”), by the authority vested in the Director under the New York State Public Health Law and regulations, including but not limited to Public Health Law § 2100 and 10 N.Y.C.R.R § 2.13.

If you are isolated in a hospital, you shall remain within the specific location within the hospital ordered by your treatment providers. If you are isolated someplace other than in a hospital, you must report your health condition to WCPH as, how, and when instructed by WCPH personnel. If the location of isolation is a multiple dwelling structure, you shall remain within your specific dwelling, and may not, under any circumstances, come within six (6) feet of any other person. However, if the Isolation Location is a detached structure (e.g., a single family home), you may go outside of the structure while remaining on the premises, although you may not, under any circumstances, come within six (6) feet of any other person not also residing at those same premises (and in that case you shall also limit your contact with those other persons with whom you do reside to all practicable extent).

Except as described herein, you may not leave your Isolation Location without further order of either the Director or a Court of proper jurisdiction; if travel is required to your Isolation Location, or to and from medical appointments, you are obligated to follow the instructions of WCPH personnel regarding the manner and method of travel. This Order will remain in effect initially for five (5) days following the date of your positive test or symptom onset, if any, whichever is earlier, and which WCPH understands occurred on _____, or until otherwise ordered by WCPH or a Court of proper jurisdiction. If after five (5) days you have no symptoms or your symptoms are resolving, your isolation period shall end, and this Order will no longer be in effect. In such case, you must wear a well-fitting mask while around others for an additional five (5) days. If, however, (a) your symptoms are not resolving after the initial 5-day isolation period; OR (b) you are moderately- to severely- immunocompromised; or (c) you are unable to wear a well-fitting mask for five (5) additional days after the initial 5-day isolation, this Order will remain in effect for five (5) additional days, for a total of ten (10) days following the date of your positive test or symptom onset, if any, whichever is earlier, or until otherwise ordered by WCPH or a Court of proper jurisdiction. If you work in a particular setting for which the State or New York requires a longer isolation period before return to work, including but not limited to a healthcare setting or congregate care setting, your employer may apply additional requirements, pursuant to New York State directives, that may affect that date of your return to work. If you require further paperwork, self-affirmation forms can be found at <https://coronavirus.health.ny.gov/new-york-state-contact-tracing> under the section titled ‘Isolation and Quarantine Affirmation Forms’.

In order to prevent harm to the general public resulting from your failure to comply with the terms of your isolation, WCPH personnel, law enforcement personnel, and anyone else designated by the Director, are hereby authorized and directed to use all reasonable means necessary to enforce this Order, including physical force. Instructions for isolation (i.e., maintaining appropriate distance and taking other actions to prevent transmission to other persons living or working in the Isolation Location) are attached to this Order and incorporated by reference in this Order as if fully set forth herein. You must refrain from conducting yourself in a disorderly manner during the term of this Order, and if applicable, you must abide by the rules and regulations of the institution to which you are committed. You have the right to seek judicial review of this Order. You also have the right to legal counsel. If you cannot afford counsel, counsel will be appointed upon request to the Court.

Date

Diane Devlin, RN, BSN, MS
Wayne County Public Health Director

COVID-19 Isolation Guidelines for Preventing Spread of a Communicable Disease

1. **Stay at Home (or in your Isolation Location) - You are to be in Mandatory Isolation as set forth in your isolation order.**
 - Do not leave your Isolation Location during the isolation period for any reason except a medical emergency or a reason authorized by Wayne County Public Health (the "Health Department"). This includes work, school, public areas such as grocery store, movie theater, mall, house of worship, day care, etc.
 - If your home is your Isolation Location and you need something outside of the home, ask family, friends or neighbors who are not sick to get it and drop it off at your door.
 - Failure to follow these instructions will place the health of others at risk.
 - Only persons authorized by the Health Department may enter your Isolation Location during the period of isolation or quarantine. Those that enter without prior authorization may be subject to isolation or quarantine themselves. Notify friends and relatives that they should not visit your Isolation Location until further notice.
2. **Safe Practice**
 - Use a separate bed and, if possible, a separate bedroom from all other household members.
 - Wear a mask when in the same room with non-infected persons. If you cannot wear a mask, others in the same room will be asked to wear a mask or respirator.
 - If you are not masked, cover nose and mouth with a disposable tissue when coughing or sneezing.
 - Household waste, including paper masks and disposable tissues soiled with respiratory secretions or other body fluids should be disposed of as normal household waste.
 - Wash hands with soap and water for at least 20 seconds after all contact with respiratory secretions from coughing, sneezing, and all other body fluids. Educate and encourage other members of the household to do the same.
 - All members of the household must wear gloves on both hands when they have contact with your respiratory secretions. Alcohol-based hygiene products may be substituted for hand washing with soap and water after gloves are removed.
 - Gloves should not be reused but be discarded immediately after removal. Immediately wash hands after removal of all gloves.
 - Eating and drinking utensils must be washed with hot water and a household dishwashing detergent.
 - Environmental surfaces (countertops, tables, sinks, etc.) in the kitchen, bathroom and bedroom must be cleaned and disinfected with a household disinfectant, such as household bleach or Lysol, while wearing gloves, at least daily and when soiled with respiratory secretions and other body fluids.
 - Bed linens, towels, and personal clothing should not be shared with other members of the household.
 - Clothes and linens should be washed in hot soapy water.
3. **Medical Care**
 - Call your healthcare provider if symptoms worsen.
 - If you need to go to the doctor's office: depending on the situation, a family member or friend may be able to drive you in a private car. Do not take public transportation. Please contact your doctor before you visit and tell the doctor what you have been diagnosed with or exposed to. Wear a mask to the office.
 - If you are very sick and need an ambulance to go to the hospital, let the 911 operator know that you may have a communicable disease and also let the ambulance crew know when they arrive.
 - Advise other members of your household who develop symptoms to call their primary care provider, clinic or emergency room where they intend to seek care to alert the healthcare workers prior to seeking treatment.
4. **Compliance**
 - Postpone all non-urgent appointments, such as medical appointments, DSS, etc.
 - If you find you have an urgent need for food or supplies that friends or family cannot meet, call WCPH at (315) 946-5749 or email us at wcpH@co.wayne.ny.us