



Department of Public Health

Wayne County, New York



Health Order of Quarantine for Exposure to COVID-19

TO:

ADDRESS:

Effective upon your receipt of this Health Order Quarantine for COVID-19, you are hereby directed by the Director of Wayne County Public Health to quarantine yourself at home because you are suspected to have come into contact with an individual who has COVID-19 as defined in the New York State Sanitary Code 10 N.Y.C.R.R. § 2.1.

Wayne County Public Health (WCPH) has learned that you have been exposed to a communicable disease called COVID-19. COVID-19 is highly contagious and may be fatal. You are hereby ordered to remain at _____, your place of residence (“Quarantine Location”), by the authority vested in the Director under the New York State Public Health Law and regulations, including but not limited to Public Health Law § 2100 and 10 N.Y.C.R.R § 2.13.

Except as described herein, you must remain at your Quarantine Location without further order of either the Director or a Court of proper jurisdiction; if travel is required to your Quarantine Location, or to and from medical appointments, you are obligated to follow the instructions of WCPH personnel regarding the manner and method of travel.

This Order will remain in effect initially for five (5) days following the date or your last exposure which WCPH understands occurred on _____, or until otherwise ordered by WCPH or a Court of proper jurisdiction. If after five (5) days you have no symptoms your quarantine period shall end, and this Order will no longer be in effect. In such case, you must wear a well-fitting mask while around others for an additional five (5) days. If, however, (a) you develop symptoms during or after the initial 5-day quarantine period; OR (b) you are unable to wear a well-fitting mask for five (5) additional days after the initial 5-day quarantine, this Order will remain in effect for five (5) additional days, for a total of ten (10) days following the date of your last exposure. If you require further paperwork, self-affirmation forms can be found at <https://coronavirus.health.ny.gov/new-york-state-contact-tracing> under the section titled ‘Isolation and Quarantine Affirmation Forms’.

In order to prevent harm to the general public resulting from your failure to comply with the terms of your quarantine, WCPH personnel, law enforcement personnel, and anyone else designated by the Director, are hereby authorized and directed to use all reasonable means necessary to enforce this Order, including physical force. Instructions for quarantine (i.e., maintaining appropriate distance and taking other actions to prevent transmission to other persons living or working in the Quarantine Location) are attached to this Order and incorporated by reference in this Order as if fully set forth herein. You must refrain from conducting yourself in a disorderly manner during the term of this Order, and if applicable, you must abide by the rules and regulations of the institution to which you are committed.

You have the right to seek judicial review of this Order. You also have the right to legal counsel. If you cannot afford counsel, counsel will be appointed upon request to the Court.

Date

Diane Devlin, RN, BSN, MS
Wayne County Public Health Director

COVID-19 Quarantine Guidelines for Preventing Spread of a Communicable Disease

Pursuant to your Health Order of Quarantine for COVID-19, you are to be in Mandatory Quarantine for 5 days after the date of your last exposure. If you have further contact with a person who has tested positive for the virus, your quarantine period will be extended an additional 5 days.

1. Activities

- Limit activities and interaction with other persons living outside the home.
- Stay at your home except for urgent medical care.
- Do not go to public areas such as grocery store, movie theater, mall, house of worship, day care.
- Failure to follow these instructions will place the health of others at risk.
- Notify friends and relatives that they should not visit your home until further notice.
- Arrange with family, friends or neighbors for the delivery of necessary items to the home, including but not limited to food, clothing, and supplies during the period of quarantine.
- Postpone all non-urgent appointments, such as medical appointments, DSS, etc.

2. Safe Practices to Follow

- Cover your nose and mouth with a disposable tissue when coughing or sneezing.
- Household waste, including paper masks and disposable tissues soiled with respiratory secretions or other body fluids should be disposed of as normal household waste.
- Wash hands with soap and water for at least 20 seconds after all contact with respiratory secretions from coughing, sneezing, and all other body fluids. Educate and encourage other members of the household to do the same.
- Clean frequently touches surfaces (countertops, tables, sinks, door knobs etc.) with soap and water or household bleach or Lysol, while wearing gloves, at least daily and when soiled with respiratory secretions, and other body fluids.

3. Medical Care/Compliance

- Monitor for signs and symptoms of COVID for 14 days after the date of your last exposure.
- If fever or other symptoms develop, call your health care provider to report this change in clinical status and seek testing. Self-isolate until you receive your test results.
- If you or a member of the household develops symptoms and need to visit the doctor, clinic or emergency department, please contact them before you visit. Wear a mask to the office and follow their instructions upon your arrival.